

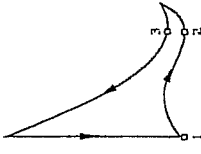
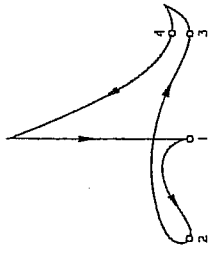
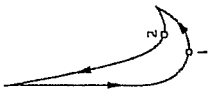
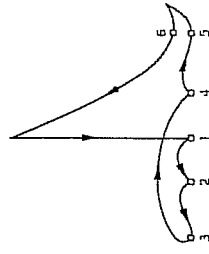
ELEMENTS OF DIRECTING

- A. Posture/Attitude/Stance**
- B. Preparatory Beat**
 - 1. Beat before entrance**
 - 2. Sets tempo/mood**
 - 3. Inhalation on preparatory beat**
- C. Basic Beat Patterns**
 - 2/4, 3/4, 4/4**
- D. Keeping Track of the Ictus**
- E. Types of Attacks/Releases**
- F. Nondominant Hand**
- G. Dynamics**
- H. Eye Contact/Body Language/Face**
- I. Making Every Move Count**

CONDUCTING PATTERNS

Music directors help people sing together. They do this by showing the beat of a hymn through arm movements that follow certain patterns. The patterns are based on the number of beats per measure as shown by the top number of the time signature. The four beat patterns that are the most common in conducting are the three-beat pattern, the four-beat pattern, the two-beat pattern, and the six-beat pattern.

Note: Every beat pattern illustration in this manual has small numbered circles that show where the beats actually occur in the pattern. Bounce your hand lightly at the circles to emphasize each beat. You will need to move slightly faster in some parts of the pattern than in others so that the beats keep a steady rhythm.

Time signature	Number of beats per measure	Beat pattern
$\frac{3}{4}$	3	 A diagram showing a three-beat pattern. A vertical line has three small circles on it, numbered 1, 2, and 3 from top to bottom. Arrows indicate the hand's path: starting at the top, moving down to circle 1, then up and right to circle 2, then down and right to circle 3, and finally up and left back to the top.
$\frac{4}{4}$	4	 A diagram showing a four-beat pattern. A vertical line has four small circles on it, numbered 1, 2, 3, and 4 from top to bottom. Arrows indicate the hand's path: starting at the top, moving down to circle 1, then up and right to circle 2, then down and right to circle 3, then up and right to circle 4, and finally up and left back to the top.
$\frac{2}{4}$	2	 A diagram showing a two-beat pattern. A vertical line has two small circles on it, numbered 1 and 2 from top to bottom. Arrows indicate the hand's path: starting at the top, moving down to circle 1, then up and right to circle 2, and finally up and left back to the top.
$\frac{6}{8}$	6	 A diagram showing a six-beat pattern. A vertical line has six small circles on it, numbered 1 through 6 from top to bottom. Arrows indicate the hand's path: starting at the top, moving down to circle 1, then up and right to circle 2, then down and right to circle 3, then up and right to circle 4, then down and right to circle 5, then up and right to circle 6, and finally up and left back to the top.